

What is the Kurikoma Sanroku Geopark?

A story of coexistence with natural disasters and this vast fertile land.



In 2008, there was an inland earthquake in Iwate and Miyagi. This earthquake caused various destruction along the ground from the peak of the Kurikoma volcano all the way to the base. This has occurred repeatedly since ancient times. With the movement of the earth the shape of the land changes perpetually, and we were able to witness one of those moments.

It was certified as a Geopark in 2015! You can really feel how amazing nature is.



Topography around the mountain peak

Step into a colorful natural environment with snowy gorges eroded into the mountainside, clusters of thousand year old Thuja Standishii trees that grew on firm plateaus, and more.



Landslide area at the base of the volcano

This area, including an old hiking trailhead, was severely affected by the Miyagi inland earthquake in 2008, but now the area is rich in beautiful scenery again.



The three "Hasama" Rivers lowland area (Hasama Sansen)

The three Hasama Rivers flow from Mt. Kurikoma. Learn about the lives of the people that lived here and their struggles to cultivate rice and deal with floods.



A geopark guide will show you around.

There are transitions in the dynamic landscape, beautiful natural views, historical mines and roads, and cultural heritage sites. The guide will show you around the various geological sites in the Kurikoma Sanroku Geopark. (Guide fee: 2,000 yen per hour)

The word Geopark was born of a combination of the words "geo," meaning relating to the Earth, and "park." The goal of the park is to allow many visitors to come and enjoy the park while preserving the precious geological treasures, natural landscapes, history, and culture of the area. As Kurikoma Sanroku Geopark guides, we'll show you around while explaining everything in any easy-to-understand manner.

Kurikoma Sanroku Geopark Guide

Katsuhiro Abe



Kurikoma Sanroku Geopark is spreading the word throughout the country about its restoration since the 2008 inland earthquake in Iwate and Miyagi.

【Inquiries】

Foot of Mt. Kurikoma Geopark Promotion Association
(Kurihara Industrial and Economic Division Geopark Promotion Office)

TEL 0228-21-0020 FAX 0228-23-5370
Homepage: <http://www.kuriharacity.jp/index.cfm/9,0,132.html>
Facebook: <https://www.facebook.com/geo.kurikoma>



Kurihara city homepage



Facebook page

Warm your body and heart in the natural hot springs blessing Kurihara



Hanamaya Onsen Nuruyu Sanso

This inn is located next to Nuruyo Bansho Site, just across the border into Aita. This exceptional hot spring has a large indoor bath as well as an outdoor bath. Bathers can enjoy spectacular views of fresh green as well as beautiful fall colors.

●15-1 Honsawanuruyu Hanayama, Kurihara-shi, Miyagi ☎0228-56-2040 FAX0228-56-2202
●Open 365 days a year **Lodging Day spa**



Yubama Onsen Miura Ryokan

This hot spring is located at the trailhead of the Yubama trail up Mt. Kurikoma. This atmospheric ryokan is loved by hot spring fans, and famous as the inn of lamps.

●1-11 Honsawadakezan Hanayama, Kurihara-shi, Miyagi ☎&FAX 090-8925-0204 (satellite phone) ☎0228-52-4396 (during the winter)
●Closed during the winter **Lodging Day spa**



Kannari Onsen Kannari Ennenkaku

This hot spring is a day spa that boasts high quality silky water and a great location with excellent views of Mt. Kurikoma.

●32 Misawa Kannari, Kurihara-shi, Miyagi ☎0228-42-1121 FAX0228-42-1123
●Open 365 days a year **Day spa**



Takamori no Yu Natural Onsen

This hot spring bathing facility opened on September 30, 2016. Only fresh flowing spring water (a salt, hypotonic, alkaline, and high temperature) is used. Please enjoy quiet luxurious time here.

●24-1 Aza Takamori, Tsukidate, Kurihara-shi, Miyagi ☎0228-24-7161 FAX0228-24-7162
●Closed: The first Monday of each month, New Year's holidays in late December and early January **Day spa**



Hairuzamu Kurikoma

This hot spring lodging complex is located on the side of Mt. Kurikoma. There is a health promotion facility for guests as well as a flowing water pool, sauna, and cottages. The spacious open air bath in particular is exceptional.

●50-1 Koeihigashi Kurikomanumakura, Kurihara-shi, Miyagi ☎0228-43-4100 FAX0228-43-4001
●Open 365 days a year **Lodging Day spa**



Koma no Yu Onsen

This hot spring is a warm 38 to 39 degrees Celsius. In the 7 square meter bathtub, water flowing directly from the source fills the tub, smelling of sulfur.

●88 Koeihigashi Kurikomakogen, Kurihara-shi, Miyagi ☎0228-46-2110 FAX0228-46-2110
●Closed: Wednesdays and during the winter **Day spa**



Shinyu Onsen Kurikomaso

This hot springs inn is located in a mountain valley surrounded by a beech forest. The authentic Matagi (traditional hunters of the region) cuisine and the char dishes are popular. Guests may come during the day to enjoy a bath and a meal without spending the night.

●95-2 Koeihigashi Kurikomanumakura, Kurihara-shi, Miyagi ☎0228-46-2036 FAX0228-46-2037
●No scheduled holidays **Lodging Day spa**



Kurikoma Sanroku Sakura no Yu

This atmosphere inn is located in a mountain valley. There is hokutolite (radium ore) at the spout, and the water itself boasts a soft texture with a light brown color.

●45-27 Aratozawa Kurikomamonji, Kurihara-shi, Miyagi ☎0228-47-2111 FAX0228-47-2111
●Open 365 days a year **Lodging Day spa**

Information regarding lodging facilities and more in Kurihara

Type	Facility name	Address	Telephone number	Type	Facility name	Address	Telephone number
Business hotel	City Hotel Kurihara	1-3-4 Miyanochuo, Tsukidate	0228-22-6111	Guest-house	Minshuku Magusamori	50-2 Koeiminami Kurikomanumakura	0228-46-2159
Business hotel	Business Hotel Shibataya	2-5-39 Izu, Tsudate	0228-22-2053	Guest-house	Kurikoma Mori no Shuku Kazenoiro	36-3 50-2 Koeiminami Kurikomanumakura	0228-46-2280
Business hotel	Business Hotel Tsukidate	4-11-21 Yakushi, Tsukidate	0228-22-8888	Ryokan	Izumi-so	3-1 Machiushiro Kurikomaiwagasaki	0228-45-1138
Hotel	Hotel Grand Plaza Urashima	18 Aza-Shimomiyanomachishita, Tsukidate	0228-22-4155	Ryokan	Okamoto Ryokan	31 Moniwamachi Kurikomaiwagasaki	0228-45-1137
Ryokan	Suzuharu Ryokan	4-8-17 Yakushi, Tsukidate	0228-22-3269	Ryokan	Sadake Ryokan	46-2 Numajirirama Kurikomanakano	0228-45-1273
Learning facility	Izunuma Exchange Center	61-1 Kamihataoka Ugyozawa, Wakayanagi	0228-33-2831	Ryokan	Monjuya Ryokan	51-6 Kagado Kurikomamonji	0228-47-2024
Business hotel	Annex Hotel Abe	24-3 Kawaminamitsumidori, Wakayanagi,	0228-32-7411	Ryokan	Yamaguchi Ryokan	26 Kawaguchi Nakamachi, Ichihasama	0228-54-2825
Business hotel	Business Hotel Wakayanagi	41 Kawaminami Minamicho, Wakayanagi	0228-35-3080	Ryokan	Tokiwa Ryokan (Inquire first)	97-5 Shimoda Semine	0228-38-2013
Farmer's guest-house	Ariga no Sato Takamatta	6 Aza Mina, Ariga, Wakayanagi	0228-32-5857	Ryokan	Ujije Ryokan	4 Nangokitawamukai Uguisuzawa	0228-55-2003
Ryokan	Abe Ryokan	40 Aza-Kawaminami Minamicho, Wakayanagi	0228-32-2303	Farmer's guest-house	Farm Inn Kawasemi	8 Kamitomida Kannari	0228-42-2194
Ryokan	Nakata Ryokan	14-15 Aza-Kawaminami Minamidori, Wakayanagi	0228-32-2056	Ryokan	Sato Ryokan	2-8 Kanbaramae Kannariarikabe	0228-44-2007
Simple lodging	Kurikoma Kogen Nature School	57-1 Koeihigashi Kurikomanumakura	0228-46-2626	Business hotel	Hotel Epoca	279-2 Shiwahime Shinkumaya	0228-23-8866
Business hotel	Art Inn Sugawara	35 Muikamachi Kurikomaiwagasaki	0228-45-2035	Learning facility	National Hanayama Youth Center	61-1 Honsawanumayama Hanayama	0228-56-2311

*Ryokan...a Japanese style hotel